O^2 newsletter

Summer 1996 - Part I

OUT&Out- An Outdoor and Recreation Group for Edmonton's Gays, Lesbians & Bisexuals, and their friends.

Hi folks! Sorry for the delay --- finally an O^2 Newsletter! Due to a lack of time and humanpower this Newsletter is only a mini version of our usual 6 - 8 page monster. In early July you can look forward to the ***Summer - Part II*** Newsletter which will feature events for July and August.
If you are a paid member you will be getting one mailed to you.
Call the O^2 Hotline and leave a message if you don't receive yours in the mail.

➲ DEADLINE to list July and August events in the ***Summer - Part II*** Newsletter is June 30. Please get your event info to Ron (488-8644) before the deadline.

O^2's Mission

To provide a variety of opportunities for people of all sexual orientations to enjoy outdoor and recreational activities together in the hope of building a stronger community.

How O^2 Works

O^2 is a member-run group in which members volunteer to organize activities for their fellow members to enjoy. All activities are self funded -- many are free! An events planning meeting is held 2 to 3 times per year all events are publicized in the O^2 Newsletters and on the O^2 Hotline. To participate in O^2 activities one must be an O^2 member.

O^2 Memberships

Memberships are only $5 per calendar year. Members receive their Newsletters by mail (if they choose to). **Membership fees are O^2's only source of funding.** O^2 does not do any fund-raising to pay for newsletter supplies, postage or the O^2 Hotline . . . so it is very important for you to mail your $5 to the address below as soon as possible because ***we have run out of money!***
Please make cheques payable to "OUT&Out c/o Jeff Goth".

O^2 Newsletter

The O^2 Newsletters are available for ***free*** at numerous locations throughout Edmonton. Call the O^2 Hotline to find out where. Newsletters contain vital information about O^2 events, other community events and short stories and highlights of recent O^2 activities. Always check the O^2 Hotline for events that didn't make it into the Newsletter. If you have ***anything*** you'd like to submit for the next Newsletter please remember the deadline is June 30.

Contact O^2

O^2 ✉: OUT&Out c/o GLCCE, Bsmt. 10112-124 ST Edmonton AB T5J 1P6.

O^2 💻: paul.cachia@ualberta.ca

O^2 ☎: 988-3132 (24 hours) ✷ Please leave a message so we know the Hotline is being used.

O^2 would like to say a big **"Thank-you!"** to all O^2 volunteers and especially to those who volunteer to organize all the great activities: Jeff, Darren, Brent, Mitchell, Ron, Mark, Peter, Jeff and Graham. **You are all more appreciated than you'll ever know!!**

Turn the page to see the O^2 Activities for June & early July.

Remember to check the O^2 Hotline regularly for other events and possible changes to publicized events ➪ Stay in touch!

O^2 Activity Rating Scale:
O - Easy, Beginner
OO - Intermediate
OOO - Challenging
OOOO - Advanced, Expert

Gardening

Liatris Garden Party (drop-in)

Monday, July 1, 1:00 - 5:00 pm
11136 - 62 St.

George and Nathan are the gracious hosts of this event.
Drop by for a tour of their garden and a cup of tea.
COST: Free
CONTACT: George or Nathan
477-5711

Other Liatris Events:

Stay tuned to the *O^2 Summer-Part II Newsletter* & *O^2 Hotline* (988-3132) for July and August Garden Tours!

If you'd like people to tour YOUR GARDEN phone Brent: 497-7059.

Cycling

Cycling Network

Date & Time: Flexible

Do you prefer a leisurely ride with lots of chatting? Or is kamikaze off-road trail blazing more your style?
If you'd like to meet other Cyclists who ride like you do, call Mark and leave your name, number and the type of cyclist you are. Mark will try to get similar people together.
CONTACT: Mark 426-5021
Leave a message - he's rarely home!
RATING: **O-OOOO**

River Valley Cyclists

Thursdays, 7 pm
Sundays, 2 pm

We meet on the "View point" at the corner of 103 St. and Sask. Drive. We cycle various routes in the river valley with occasional stops to visit & enjoy the views. Sometimes we have a BBQ after the Sunday rides.
COST: Free
CONTACT: Peter 433-5223
RATING: **O-OOO**

What else is happening in the LesBiGay Community ?
For other Events / Organizations call the
GLCCE InfoLine 988-4018

Other Sports

Rollerblading

Every 2nd Monday, 7:00 pm

We meet in the parking lot of Gov't House Park (on the North river bank West of the Groat Road bridge).
You'll need your own equipment.

COST: Free
CONTACT: Mitchell 497-7059
RATING: **O-OOO**

Edmonton FrontRunners

Sundays, 9 am

Meet us on the Southeast steps of the Butterdome on the U of A Campus. The run through the river valley trails varies in length based on the desires of the runners.
COST: Free
CONTACT: Jeff 439-9803
Darren 489-1360
RATING: **OO-OOO**

Weekly Beach Volleyball

Thursdays, 6:45 - 9:00 pm
10943 - 84 Ave.

A weekly romp in the sand is tons of fun and good exercise too!
No long term commitment required. We usually go for coffee after to visit. If the weather is bad we still meet at the courts & go for coffee.

COST: $2.00 per night (pay when you come) *** Exact change please!
CONTACT: Ron 488-8644
RATING: **O-OO**

Beach Volleyball Party (#2 of 4)

Sunday, July 7, 1:45 - 5:00 pm
10943 - 84 Ave

Last summer we had 4 successful and fun beach volleyball parties with awesome, sunny weather!!
Fun is the priority - you don't even need to know how to play volleyball. We have all the courts to ourselves. Bring your friends & your bare feet.
*** In case of questionable weather phone the O^2 Hotline to confirm.

COST: $4.00 (pay when you come)
*** Exact change please!
CONTACT: Ron 488 - 8644
RATING: **O-OO**

Recreational Touch Football

Date & Time: TBA (a weekday evening OR Sunday afternoon)

If you're interested in playing for fun call Jeff ASAP to express interest. Only 6 people are needed to have a fun game of football in one of the city parks.

COST: Free
CONTACT: Jeff 465-3846
RATING: **O-OO**

Socializing

The Sunday Brunchers

Every Sunday, 11:00 am
Cook & Gardener Cafe
10345-106 St.

A great way to end/begin a week! The food is tasty & the atmosphere is friendly. Just ask for us when you arrive -- there's always room at the table for one more.
CONTACT: Peter 433-5223

Writers' Circle

Date & Time: TBA
Where: TBA

Fiction, Poetry, Nonfiction . . .
Anyone interested in getting together on a weekly or monthly basis to share and foster our talents? Call ASAP to express your interest!
CONTACT: Graham 463-2098

Gay Men's Wednesday Coffee Evenings

Every Wednesday, 7:30 pm
Boystown Cafe: 10116-124 St.

This is a good chance to relax, joke, and / or meet people for other outings. These evenings have spawned group outings to movies, parties, fund-raisers, concerts and a potluck. It all begins with coffee on a Wednesday night!
Meet us on the nonsmoking side (the right side of the cafe).
CONTACT: Peter 433-5223
RATING: 1

Would *you* like to contribute to the quality of LesBiGay life in Edmonton?

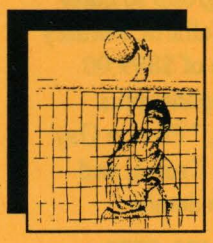
◆ Why not organize a fun activity?
◆ It takes very little time and its well worth the effort !!

If you have been thinking about planning an activity for O^2 and you need some advice or assistance call Ron at 488-8644.

O² NEWSLETTER

OUT&Out- An Outdoor and Recreation Group for Edmonton's Gays, Lesbians & Bisexuals, and their friends.

EDMONTON OCTOBER/NOVEMBER 1996



CO-ED

RECREATIONAL

VOLLEYBALL

Join us for lots of laughs and a little skill development too—which the majority of us could use! Most of the time we play and have fun, but we also plan to bring in some instructors occasionally to work on our basic skills so that we can have even more fun.

Other Options: *We are considering joining a low skill Recreational League in January. *Some of us are interested in sending a team to play in some of the upcoming Gay Tournaments held in Calgary, Regina and Vancouver. *How about the 1998 Gay Games in Amsterdam?

Where: Grant MacEwan College Downtown *(go to Entrance to Fitness Centre)*

When: Mondays, 8:30 - 10:30 p.m.

Cost: Court Rental divided by the players. Up-front: about $20 for 6 nights. Drop-in: $5 per night.

Ron 488-8644

The Gay and Lesbian

Tactics House League

Every Thursday night at Shakespear's Dart and Rumpus Room, 10306 - 112 Street (upstairs). The Format is Blind Draw Doubles—Tactics—Round Robin. Player registration is from 7:30 to 7:45 p.m. The draw will be completed and play will begin at 8:00 p.m. The top team each week will win a $20 bar tab ($10 each). The League is structured for entry level and recreational players.

Shakespear's 429-7234

Winter Camping.

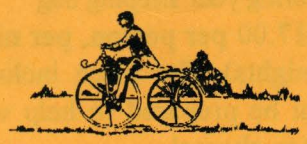
If this activity appeals to you and you would like to know more

Albert 439-0543

Planning an Event for your group?

Before you set the final date contact GLCCE, 488-3234, to learn if that day is still free or if it has been chosen for another community activity. That way you can be sure of attracting the maximum attendance, and members of the gay community will not be forced to choose between two groups which they would like to support.

Cycling in the River Valley



The River Valley Cyclists began when Mike and Peter met at one of GMOC's spring courses (Being Gay in the 90's). At first our group consisted of two or three brave warriors as we ploughed our way through slush or headed out into yet another snow storm.

As the weather warmed up our cycling group grew until on one journey we had eighteen cyclists! We even had a few women join us—something we'd like to see more of. Our adventures ranged from a leisurely ride along paved trails to an all-out race over fields and pothole-filled dirt roads. What a workout! Often an excursion finished with a picnic or a barbecue at somebody's house. We even took in Heritage Days in August and had a great time sampling the various ethnic dishes. No need to feel guilty—we worked it off the same day!

Now that summer's over we've put away our bikes until the warmer weather returns. Let's see if we can get more people out next year as our adventure continues! —Peter

Northern Titans

10 Pin Bowling

The Bowling Season has begun! Northern Titans meets every Saturday at 5:15 p.m, at Pins and Cues in the Westmount Shopping Centre. You can play as a regular or as a spare. The cost of bowling is $10 per week (not including shoes).

Joe Achtemichuk 454-1458

A Weekend in the Country

at Labyrinth Lake Lodge
(45 minutes S.E. of Edmonton)

Friday, Nov. 8 to Sunday, Nov. 10

Among the activities available: volleyball, table tennis, canoeing, trampoline, campfire, seclusion! Bring a musical instrument if you can for a Saturday night jam session. And don't forget to bring your sleeping bag
Cost: $17.00 per person, per night (for 2 nights) The price includes food, but be prepared to help with the kitchen chores!

Heather 878-3301
(this is NOT a long distance call)
for further details, directions and to register. **(limit: 14 persons)**

The 0² Newsletter is published bimonthly on the 15th of the month. Deadline for submissions is the first day of the month of publication. Submissions can be messages on the Hotline, mailed to OUT & Out, c/- 13530 Stony Plain Rd., Edmonton, AB. T5N 3P6, or phoned to the executives listed below.

President: Peter 433-5223
Vice President: Mike 988-6402
Treasurer: Kent 454-[illegible]
Hotline: 988-3132
Advertisements Accepted

PFLAG Edmonton

(Parents, Families and Friends of Lesbians and Gays)

The Support Meeting is the 3rd Tuesday, every month at the Gay and Lesbian Community Centre, 10612 - 124 Street beginning at 7:30 p.m. Parents, gay men, lesbians, bisexuals and transgendered persons are all welcome. ***EXPERIENCE THE SUPPORT.***

462-5958 or 944-1394 VB 3524

Arctic Frontrunners

Meet Sundays at 9:00 a.m. on the Southeast steps of the Butterdome (Van Vliet Centre) on the University Campus with runs through the River Valley trails at various lengths and difficulty based on the desires of the runners.

Darren 489-1360

A Week in Mexico

Join Glen as he hosts a group to party of the beach at Puerto Vallarta, January 11 - 18, 1997. The price of $899.00 (per person/double occupancyplus taxes) includes *Airfare, *Private Gay Hotel, *Transfers, *Gay Cruise, and *Tour Escort. For all the details:

Algonquin Travel 483-8778 or Harold Smith Travel, Eaton Centre Branch 429-2233

Cross-Country Skiers

Beginning on Sunday, 3 November *(weather permitting)* at 1:00 p.m. in Hawrelak Park for beginners, novice and advanced skiers. For all the details

Mike 988-6402

Aquarius Swimmers

Every Sunday at 12 noon
in the Grant MacEwan City Centre Campus, 10700 - 104 Avenue.
Open to all levels
Pool fee: $4.25
Gays, Lesbians, Bisexuals, Transgendered and their friends are all welcome.

Peter 433-5223

TREASURER'S REPORT October 1996
Opening Balance $130.00
Expenses (printing cheques) $10.28
Closing Balance $119.72

(The cost of maintaining the Hotline Service is just on $300:00 per year and is presently born by the founders of 0².)

Donations Accepted! Mail them to OUT & Out,
c/- 13530 Stony Plain Rd., Edmonton, AB. T5N 3P6
Make cheques payable to: OUT & Out c/- Kent Racher